

**Welcome to
St. Mark Cafeteria
2019 - 2020**

What's in a lunch?

- Entree

Daily Menu Selection or
Chicken Patty Sandwich (K-8) or
Chicken Nuggets or
Peanut Butter/Jelly Sandwich or
Lunchie Munchie

(Protein, choose 2: yogurt, cheese stick, peanut butter cup, cream cheese cup;
Grain: whole grain muffin or bagel and Goldfish crackers)
Salad Lunch (choice of diced chicken or turkey)

- Salad Bar with fresh fruits and vegetables available each day
- 1% White Milk (PK-8) or
1% Chocolate Milk (K-8) or
1% Strawberry Milk (K-8)

How much does a lunch cost?

- Student Lunch \$3.00
- Reduced Lunch 40¢
- Milk 45¢
- Adult Visitor Lunch \$3.65

(Free/Reduced Students milk by itself without lunch is 45¢)

How Do I Pay for Lunch?

- Pay online using MealTime Online.
- Send cash or a check (made payable to "St. Mark School") with your student. Clearly mark any payments you send to the school so the payment can be identified. Encourage your student to turn in payments to their homeroom teachers at the **beginning** of the day.

The cost per day, week, month, quarter, half year and full year for both paid and reduced lunch prices can be found on the school website.

The National School Lunch Program

The NSLP provides assistance for families that qualify for free or reduced price lunches. Federal dollars have already been set aside to assist families with feeding their children at school. There is a link to the Application for Free and Reduced Price School Meals on the school website.

For more information on the Cafe:

- school.stmarkindy.org (more, other services, cafe)
- Phone number: 781-6468
- E-mail: stmarkcafeteria@stmarkindy.org

Cafeteria Staff

- Dawn Collier, Manager
- Stephanie Hornek
- Johnna Stone
- Andreina Cereceres
- Laura Linder
- Emily Cing

The USDA is an equal opportunity provider and employer.