

St. Mark Catholic School Physical Education Grading Rubric

	Warm-Up & Stretching	Skill & Technique	Teamwork & Cooperation	Effort & Participation
A (4 points)	Student performs all of the warm up activities and exercises to the best of his/her ability.	Student performs each of the skills and tactics correctly. Student always tries to perform skills with accuracy	Student always shows cooperation and general concern for others. Student is always enthusiastic and positive while exemplifying sportsmanship in all activities.	Student demonstrates excellent effort and participation with different activities in class. Student always has a positive christian attitude towards students and staff. Student always listens and follows directions attentively, adding critical thinking questions as needed.
B (3)	Student performs most of the warm up activities and exercises to the best of his/her ability.	Student performs most of the skills and tactics correctly. Students try to perform skills with accuracy most of the time.	Student is very cooperative and works well with others. Student is often enthusiastic and positive with sportsmanship in most activities.	Student demonstrates good effort and participation with different activities in class. Student displays a positive christian attitude most of the time towards students and staff. Student mostly listens and follows directions attentively, giving some critical thinking questions as needed.
C (2)	Student performs some of the warm up activities and exercises to the best of his/her ability.	Student performs some of the skills and tactics correctly. Student tries to perform skills with accuracy.	Student is cooperative at times and works with others in a structured activity. Student shows some enthusiasm and some sportsmanship under supervision.	Student gives some effort and participation with different activities in class. Student has a positive christian attitude some of the time towards students and staff. Student listens and follows directions when given. Student may give some questions as needed.
D (1)	Student performs some of the warm up activities but not to the best of his/her ability	Student performs some of the skills and tactics correctly, but needs to put forth more effort to perform skills with accuracy.	Student is sometimes uncooperative and has disregard for others. Student sometimes argues, whines and complains in class and shows unsportsmanlike conduct.	Student shows little effort and participation with different activities in class. Student sometimes displays a negative christian attitude towards students and staff . Student does not listen or follow directions to the best of his/her ability. Student asks few questions for understanding.
F (0)	Student does not perform warm up activities and exercises to the best of his/her ability	Student does not perform any of the skills and tactics correctly and/or does not put forth the effort needed to perform skills with accuracy.	Student frequently argues, whines and complains in class and shows unsportsmanlike qualities.	Student does not give effort or participation with different activities in class. Student frequently displays a negative christian attitude to the students & staff. Student does not listen or follow to directions when given.